

MEN'S HEALTH HIGHLAND
NEW SERIES OF FREE PUBLIC TALKS ON MEN'S HEALTH IN
2014

Please note meetings are open to LADIES

ALL TALKS ON FRIDAY MORNINGS from 9.30 to app 12 noon
and preceded by refreshments. Speakers will leave time to answer questions.
There will also be stands by other organisations at all the meetings.
Please note that they will take place **IN 2 DIFFERENT LOCATIONS**

Friday JAN 24th, INSHES CHURCH :

Dr Peter Clarkson,(Consultant Heart Specialist in Raigmore Hospital)
" **SUDDEN DEATH IN SPORT**";
Dr Paul Findlay,(Consultant Stroke Specialist in Raigmore Hospital,)
" **MEN AND STROKES**";
Dr Robert Peel,(Consultant Kidney Specialist, in Raigmore Hospital),
" **MEN AND KIDNEY DISEASE**".

Friday JAN 31st INVERNESS TOWN HOUSE:

Dr Martin Wilson,(Consultant Geriatrician Raigmore Hospital)
" **HEALTHY AGEING**";
Duncan MacGregor,(Prostate Cancer UK) -
" **PROSTATE CANCER** ".

BRIAN CORR : UROLOGY NURSE : PROSTATE CANCER

Friday FEB 7th, INSHES CHURCH:

Mr Andrew Pyott,(Consultant Eye Specialist Raigmore Hospital) -
" **MEN AND VISUAL PROBLEMS**"
Mr Simon Spence ,(Highland Hospice), Talk on -
" **MEN AND GRIEVING**";
Mr Lindsay McKerrow (Podiatrist),
" **MEN AND COMMON FOOT PROBLEMS** "

Friday MAR 7th, INSHES CHURCH

Ms Margaret Somerville,(Nurse from Chest, Heart and Stroke),
" **MEN AND SMOKING**",
Dr Neil McNamara.(Consultant Psychiatrist,New Criags Hospital) -
" **UNDERSTANDING PSYCHOSES**" - (Severe Mental Illnesses),
Mr William McKerrow(, Ear ,Nose and Throat Specialist),
" **MEN AND HEARING**"

Friday MAR 21st, INVERNESS TOWN HOUSE:

Mr Garry Coutts,(Chairman of NHS Highland) -
" **PUBLIC INVOLVEMENT IN HEALTH SERVICE REDESIGN**",
Ms Amy Cowan," Diabetic Dietician, Raigmore Hospital",
" **DIABETES AND DIET**",
Mr Keith Walker.(Policy Officer, Health Improvement Highland Council,
Choose Life Co-ordinator and Samaritan):
" **MEN AND SUICIDE**"

For further details or to get involved in the work of Men's Health Highland contact
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